

Men, Commitment, and You

By Terry Hernon MacDonald

Do you tend to attract guys who disappoint you? Who don't call when they say they're going to call? Show when they say they're going to show?

In short, do you attract guys who don't honor their commitments?

And then you look around at your friends, and they attract guys who do what they say they're going to do. Everything seems to go so easily for them, and you wonder what you're doing wrong.

A lot of it has to do with the fact that women who attract men who live up to their word won't waste time with men who don't. They don't need the company that badly.

These women also tend to keep the commitments they make to themselves.

If they say they're going to lose a few pounds, they do it in a loving (and non-punitive) manner, but they do it. If they say they'll make time for exercise, they won't necessarily do two hours a day in the gym, but they will take a walk.

They also treat themselves well. They talk to themselves kindly and find things they like about themselves when they look in the mirror (as opposed to magnifying every fault). They buy themselves little presents without going into debt.

Women who behave this way just aren't used to being treated poorly, so they are not attracted to people who treat them poorly (and, if they are, the allure quickly fades).

They attract and are attracted to men who treat them well and want to make them happy.

If you're not with a guy who makes you happy right now, make yourself happy. Happy people attract happiness. What's more, they attract men who aren't stupid enough to think they'll put up with a jerk who tries to mess with that happiness.

About the Author

Terry MacDonald is the happily married author of "How to Attract and Marry the Man of Your Dreams." Sign up for free dating tips at <http://www.marrrysmart.com> For Dating Advice (Almost) Daily, go to <http://www.happygirlmusing.com> Article Source: http://EzineArticles.com/?expert=Terry_Hernon_MacDonald

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